

Fighting Techniques of Yangjai Michuan Taiji Quan



Serge Dreyer & John Cole Workshop July 19 to 25.



Fighting may be stupid, but immediately ending an assault is smart. Explore the multiple, unique and varied self-defense and martial techniques of the first duan of YMT. Defending yourself and martial methods are very different from pushing hands and competition. Learn how to immediately end potential threats and be able to walk away safely.

We will study the 1st duan (Section one) of YMT with many common and uncommon martial applications from various perspectives. We will practice and train 6 hours a day at the camp grounds of the Rencontres Jasnieres, Marçon, France. The camp grounds are located on a wonderful lake (Lac des Varennes) in the middle of the Vineyards of "Jasniers" and "Coteaux du Loir"

Site of RJ 2012 Camping du Lac des Varennes, Route du Port Gautier, F-72340 Marçon, France Tel # 33(0)2 43 44 13 72 Plug the following address into MapQuest or Google Maps for the location: Camping du Lac des Varennes, Route du Port Gautier, F-72340 Marçon, France

Place of the workshop: Camping des Varennes, Marçon. Marçon is a small village located between Le Mans and Tours and South-West of Paris. By train from the Charles de Gaulle airport, it takes about an hour and half to go to Le Mans and then there is a train to Chateau du Loir (about 30 minutes). From CDL, it's by foot or by taxi: if people let me know in advance I can manage to pick them up. Contact person: serge.dreyer@gmail.com

Cost: 150 euros for the training only (payment on the spot). For food, unless there are enough participants (I currently have only 2 people interested in group meals), there is no plan for the time being but we'll find a way on the spot.

Camping (2011 tariff): 15 euros for 2 persons per day, 12.30euros for one person, 3.20 euros for electricity, 4.80 euros for an additional adult, 2.50 euros for a car. For beds and breakfast in a house, please contact me. Time of the practice: 8.30 am to 11.30 am, 2.30 pm to 5.30 pm. Place of the practice: on the banks of the lake (the place will be indicated at the entrance of the camping site).

Serge and John